

LEAD *with* LIGHT

A FULL-DAY DREAMCATCHERS EXPERIENCE

Arrival + Check-in
8:00 - 8:30am

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Welcome + Dharma
8:30 - 9:00am

Opening remarks from our founders, The Dreamcatchers Marissa Kay and Jamie Sztoser, as well as Paola Zamudio, Creative Director of Bell Works. Then join Kristine Deer, founder and CEO of K-Deer, as she leads us in meditation.

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MOVE:
Yoga - Bridget Riepl
NJ Yoga Collective + Vibe Well
9:00 - 10:00am

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MOTIVATE:
Morning Keynote
Sarah Personette, Twitter
10:00 - 10:15am

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DAYDREAM:
Professional Unblocking
Mayya Fleyshmakher
LightHeart Wellness
10:15 - 10:45am

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MOTIVATE:
Deirdre Spiropolous
Impact 100 Jersey Coast
10:45 - 11:00am

Break

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MINGLE:
Breakout Sessions with our
favorite DreamMakers
Topics TBA
11:15am - 12:15pm

8

STARGAZING:
Lunch + Meet Your Mentor
12:15 - 1:30pm

9

MOTIVATE:
Afternoon Keynote
Speaker TBD
1:30 - 1:45pm

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DAYDREAM:
Professional Meditation Toolkit
Meredith Koloski
happyfeelsgood
1:45 - 2:15pm

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MOTIVATE:
Christina Santos
Sanofi
2:15 - 2:30pm

Break

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MINGLE:
Breakout Sessions with our
favorite DreamMakers
Topics TBA
2:45 - 3:45pm

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LIVE PODCAST:
A Dreamcatcher IRL
3:45 - 4:15pm

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MOTIVATE:
Closing Keynote
Sarah Martinez
Verizon Media
4:15 - 4:30pm

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MOVE:
danceFLOORED
Tootsie Olan
4:30 - 5:30pm

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CHEERS!
Michelle Faustini
Faustini Wines
5:30 - 6:00pm

